

Introducing Intervals

Intervals Scorecard

As you start training with "Introducing Intervals" you will see the most effective results if you plan and then check your training progress.



Print out a copy of this Intervals Scorecard and you can use it on an ongoing basis as part of your interval ear training.

Here are a few ways you can use this scorecard:

1. Check your starting point

How reliably can you recognise each type of interval?

Score yourself from 1-10 where:

1 = "I'm just guessing"

5 = "I can normally recognise these"

10 = "I can always recognise these in real music"

[Learn more about checking your starting point](#)

2. Plan your training

Decide how you'll introduce each interval type into your training.

Break your training down into manageable stages, and write down which intervals are included in each stage.

[Learn more about planning your training](#)

3. Check your progress

Repeat the first scoring exercise every few weeks.

By comparing your latest assessment with your previous sheets you'll be able to clearly see the progress you're making, and more easily identify the challenging areas you need to work on more.

Intervals Scorecard

	Interval form			Notes
	↑	↓	H	
Unison (U)				
Semitone, Half-step, Minor 2nd (m2)				
Tone, Whole-step, Major 2nd (M2)				
Minor 3rd (m3)				
Major 3rd (M3)				
Perfect Fourth (P4)				
Tri-tone, Augmented 4th, Diminished 5th (TT)				
Perfect Fifth (P5)				
Minor 6th (m6)				
Major 6th (M6)				
Minor 7th (m7)				
Major 7th (M7)				
Perfect Octave (P8)				

Legend: ↑ = ascending, ↓ = descending, H = harmonic

Need help? [Ask here](#)